

# **Group Swim Lessons**

#### **Class Times:**

10AM, 10:30AM, 5:30PM, 6PM, 6:30PM(Teens)

Classes will start June 14, 2021 and are Monday through Thursday for a 2-week period. New classes will start every 2 weeks throughout the summer.

#### Rates:

Each 2-week session is \$45.

### **Class Descriptions:**

## Aqua Babies, Parent and Child

Parent and child become accustomed to being in the water and learn basic skills. An adult must participate with each child. This class is best for ages 6 months to 3 years.

#### Level 1, Minnows Parent and Child

Allows swimmers to become comfortable in water while teaching water safety best practices. This level is best for 3-6 years and must be potty trained.

### Level 2, Swordfish

Teaches swimmers the basics of swimming and swimming strokes. Recommended for children 5 to 7 years.

#### Level 3, Starfish

Transitions from shallow water to deeper water, while spending a majority of the time in shallow water. Recommended for ages 6 to 9 years.

#### Level 4, Otters

Otters start to learn how to swim longer distances with extra time in deeper water. This level is best for ages 7 - 10 years.

## Level 5, Stingrays

Refines strokes and water skills while working towards unassisted skill performance. Recommended for ages 8 to 11 years.

## Level 6, Dolphins

Will use the strokes learned to be able to swim 25 to 50 yards, while improving the technique. Recommended for ages 8 to 11 years.

#### **Teens**

This is a special class for those that are 12 and up that are wanting to learn to swim with others the same age.